

Native Plants at Noon Resources

Native Plants & Edibles

March 2022

Native Garden links:	Deep Roots: https://deeprroots.org/plant-a-garden/
Missouri Department of Conservation sites/links	MDC Conservation Areas: https://mdc.mo.gov/conservation-areas-search Missouri Conservationist Magazine: https://extra.mdc.mo.gov/marketing/conmag.php Xplor (Youth Conservation magazine): https://mdc.mo.gov/magazines/xplor 2022 Natural Events Calendar: https://mdc.mo.gov/magazines/xplor
Native Plants highlighted	Dead Nettle (<i>Lamium purpureum</i>) Henbit (<i>Lamium amplexicaule</i>) Chickweed (<i>Stellaria media</i>) Stinging Nettles (<i>Urtica dioica</i>) Wild Bergamot (<i>Monarda fistulosa</i>) Curly Dock (<i>Rumex crispus</i>) Wild Garlic (<i>Allium sp.</i>) Star of Bethlehem (<i>Ornithogalum umbellatum</i>) Garlic Mustard (<i>Alliaria petiolata</i>)
Foragers to Follow	Nadia Navarrete-Tindall Alexis Nikole @blackforager Linda Black Elk @linda.black.elk Pascal Baudar @pascalbaudar
Recommended Reading	Wild Edibles of Missouri https://mdc.mo.gov/sites/default/files/mo_nature/downloads/page/WildEdibles.pdf Cooking Wild in Missouri

	https://mdc.mo.gov/newsroom/mdc-offers-new-cooking-wild-missouri-cookbook
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